

January 2024

Triage Desk

Bargaining begins, date set for crucial ratification vote and nurses share what respect in their profession means to them as we gear up for negotiations.

Also, don't miss the insights from the 'Safe Working Hours For Nurses' study, shedding light on the pressing need for changes in working hour policies.

All of that coming up in this edition of The Pulse.

Nursing Notes

Nurses Call For Respect Ahead of Negotiations

Respect is the first R in our ongoing 3Rs campaign, because many nurses feel that a lack of respect from the government and their employers has created a barrier to retaining and recruiting nurses in Alberta.

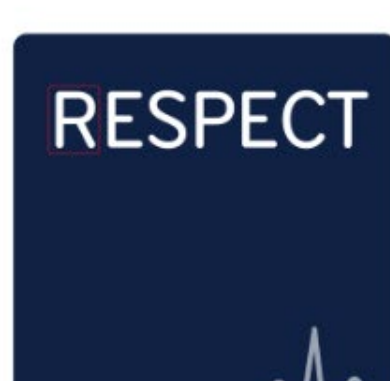
Nurses have been pleading for more staff, better nurse-to-patient ratios, and an end to mandatory overtime, but their pleas often go unnoticed.

Nurse Emily Hemstock, featured earlier in the campaign said, respect means being valued for the work she does.

"I don't think nurses are expecting a lot. We just want to come to work and be able to do our job and one person can't do the job of three people."

Every nurse we feature shares a unique perspective on what respect means to them, but you'll find a common thread emerges: a shared desire to be heard.

See what nurses are saying in this month's "[Behind The Frontlines](#)" video on YouTube and be part of the conversation!



[Watch Video](#)

Quote of the Month

"More staff shortages will only lead to more service disruptions for patients who need care."

- Heather Smith - President, United Nurses of Alberta

Brain Food

A recent study of '[Safe Working Hours for Nurses](#)' conducted by the Canadian Federation of Nurses Union has unveiled a profoundly critical revelation.

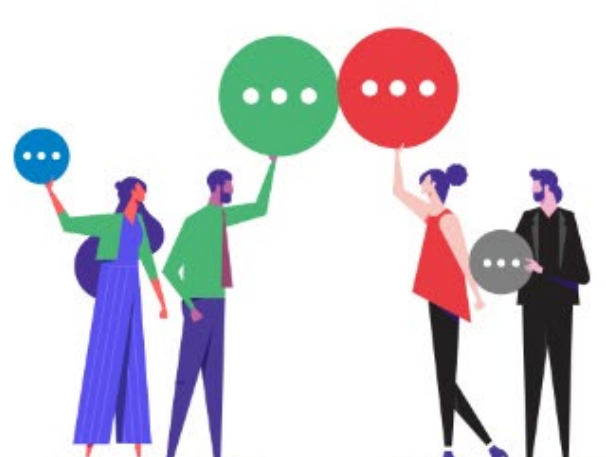
The study highlights that the risk of safety incidents, including medical errors, rises exponentially after the eighth consecutive hour of work.

Shockingly, for nurses enduring continuous shifts lasting as long as 16-24 hours, the risk doubles by the 12th hour and can triple by the sixteenth hour, magnifying the urgency for comprehensive changes in working hour policies.



What's Next?

Feb 6th 2024



Bargaining Beginning

UNA is starting negotiations with Alberta Health Services on the 6th of February. We invite you to check out [our website](#) to learn more about how we negotiate. By gaining insights into our negotiation process, you'll be well-informed to lend your support when we call upon you to advocate for our nurses' demands.

Your involvement in this effort is not just welcomed; it's crucial.

Let's Vote !

Seize Your Say: Cast Your Vote in the Crucial Ratification

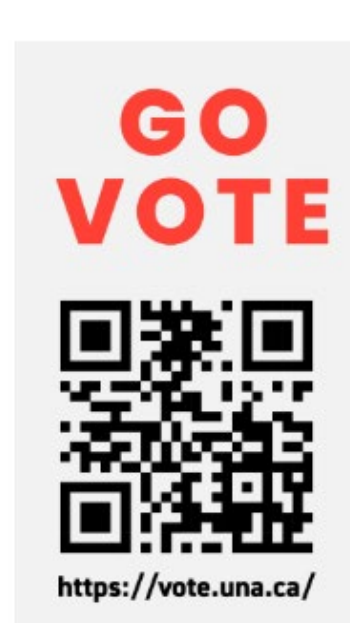
Your voice matters! The 'Ingoing Proposal Package,' recently agreed upon by members, is up for a crucial membership ratification vote on **January 31**.

UNA members, this is your opportunity to have a say in the future of our Provincial Collective Agreement, impacting the relationship between UNA and employers like Alberta Health Service, Covenant Health, Lamont Health Care, and The Bethany Group (Camrose).

Participate in this important step by casting your vote and being a part of the decision-making process. Don't miss this chance to make a difference! To vote, [visit our website](#) or scan the QR Code.

For members of the public, your support and understanding during this critical phase are highly valued. Stay tuned for updates on the outcome and continue supporting Alberta's nurses.

In the meantime, follow us on Instagram, Facebook, and X to stay connected and engaged.



MEMBERS CAN DOWNLOAD THE **UNA APP** HERE.



iPhone



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