

THE PULSE

United Nurses of Alberta

December 2023

What's New

As November's Demand Setting Meeting signals the year's end and UNA gears up for negotiations, recent announcements by Alberta Health Services (AHS) on potential nursing cuts have raised concerns. Despite this, nurse Sahil Dhiman is urging Albertans to listen to health care workers to get a deeper understanding of their challenges and experiences. Nurse Whitney delivers a holiday message with her version of [Code Blue Christmas](#).

We'll explore these and more in this final edition of our newsletter for 2023!

Centre Stage

A Nurse's Plea: Health Care Isn't Just About Us, It's About You!

Go with us 'Behind the Frontlines' for an eye-opening video where nurse Sahil Dhiman implores everyone to listen to health care workers and emphasizes the collective benefits of doing so.

Sahil, who works at the Tom Baker Cancer Centre in Calgary, highlights that the United Nurses of Alberta's fight extends beyond nurses alone. It's a commitment for improved publicly funded and publicly delivered health care, for all of us and our loved ones.

"We care about health care and health care includes patients and families," he says.

Watch this insightful video on YouTube and be part of the conversation!



Watch Video

Quote of the Month

"Restructuring without a serious commitment to a more adequately funded and dominant public health-care system will prove to be a costly deception."

- Ralph Coombs - former CEO, Foothills Hospital

Brain Food

UNA's President, Heather Smith was awarded the Queen Elizabeth II Platinum Jubilee medal earlier this month by Edmonton-Riverview MLA Lori Sigurdson. The recognition honoured Smith's dedicated service in advocating for better working conditions for Alberta's nurses and promoting a stronger public health care system for Albertans.



What's Next?



Heather's Holiday Message

As we come to the close of this year, filled with both trials and triumphs, UNA's President, Heather Smith, extends a heartfelt reminder to all: prioritize safety, cherish moments with loved ones, and embrace a healthy holiday season.

Heather's Message

Let's Connect

Get Notified

Join us on YouTube for our latest series, "Behind the Frontlines," where nurses share their stories and experiences. Don't miss out on these powerful stories and other engaging content! Follow us and turn on notifications to stay updated whenever we share something new. Your front-row seat awaits!



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